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Recent Collaborations



CLOTHES DOCTOR.

VIVAIA



EMPRESS

formerly known as

About Me

I trained at the prestigious London College of Fashion and since then have worked on film sets, TV productions, live TV, commercials, and music videos.

From a debut styling Boyzone and Westlife in 1999, which was a true baptism by fire, I have gone on to dress some of the biggest names in showbiz: Katy Perry, Emma Thompson, Hermione Norris, Nigella Lawson, Konnie Huq, Lucy Boynton, Jerry Springer, Emelie Sandé, Rik Mayall, Rosie Jones, Noel Clarke, Jim Broadbent, Tony Robinson, Arron Taylor Johnson, Ashley Walters, Duane Henry, Sheila Hancock, Will Poulter, Professor Green and more, during a Transatlantic career spanning three decades.

Now as the Capsule Closet Stylist I bring my expertise to homes and wardrobes the world over in the form of regular online consultations.

Championing “shopping with intent”, I carve seamlessly through clients’ closets, transforming them into sleek, fashion-effective collections that last through fads and trends.

For men and women looking to cut out the clothing junk, I use colour and fit techniques to design a purposeful wardrobe that works for them – saving them money and time in the process. My Capsule Closet Stylist service is absolutely essential as part of the future of sustainable fashion.



As Seen On



- To find your **hood size**, stylist [Michelle Barrett](#) told to measure around your ribcage just under your bust. Take the number you get in inches and round it to the closest whole number. If you get an even number, add four inches. If you get an odd number, add five inches.
- To get your **cap size**, measure around the fullest part of the bust just above the nipple line. Then, subtract the number you get from your head size. Each inch of difference represents one cap size. If your head size is 26" and your bust measurement is 32", there is a 6-inch difference and you are an A cap. A 2-inch difference would be B cap and so on.



PROS	CONS
<ul style="list-style-type: none"> Soft fabric feels comfortable Breathable and water-repellent 	<ul style="list-style-type: none"> Not for cold weather

So light and easy, this hoodie will fit you and feel just like your long-sleeve t-shirt. The organic knit cotton is breathable and naturally stretchy, but the fabric also has a unique texture that lends it a bit of sophistication and durability. In a relaxed fit, it's perfect to lounge and run errands in.

What Do Experts Say? "Perfect to wear on its own or under a sweater during colder months. A lighter version," says stylist [Michelle Barrett](#).

Material: 100% Organic Cotton | **Fit:** Relaxed | **Size:** XS-XL | **Fabric Weight:** Lightweight



In order to look put together in a jumpsuit, throw on something that requires minimal riding and running, like a [jumpsuit](#).

"I love a lounge jumpsuit that has a wrap top, worn with a pair of ankle boots," says [Michelle Barrett](#), stylist and founder of [Capsule Closet Stylist](#). "Some lounge sets almost look like PJ's or sportswear, so something with a wrap top looks more sophisticated but still feels super comfortable to wear."



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